

Expanding Treatment Options for the Growing Mental Health Pandemic



Presenter:
Brett Lewis Patterson, Ph.D.
Psychologist



Presenter:
Choury DeVelle BSc, CHt.
Orange County Hypnosis Center



Testimonial:
Kenneth A. James, M.D. OBGYN
Orange Coast Women's Medical Group/Hoag



Presenter:
Renata Ururahy
Body-Mind Therapist

1.5 HOURS CME & CE CREDITS FOR MD'S & ALLIED HEALTH PROFESSIONALS

Training Description:

This workshop addresses the mental health implications of COVID-19 and the long term mental health impact. Participants will learn about evidence based alternative healing modalities as a complement to traditional therapy: (1) Tools to increase the heart and mind connection and mental & emotional self-regulation techniques. (2) Hypnosis as a treatment option to release trauma. This program will help expand and diversify our "village" of care.

Learning Objectives:

1. Describe the short and long term mental health impact secondary to pandemic stress and learn about additional forms of empirically-supported mental health treatment options.
2. Describe scientifically based tools that bridge the connection between the heart and mind to help your clients greatly reduce stress and increase resilience.
3. List ways hypnosis can help identify and release trauma stored on an emotional, physical and cellular level.

WHEN: Thursday, May 20, 2021
12:00 - 1:30 PM PST

COST: \$20.00
*Refunds available at
registration site*

Reserve your spot:
<https://www.eventbrite.com/e/151575148349>
Virtual Via ZOOM

Email for more information: www.elfempowers.org

REGISTER

1.5 Continuing Education Credits have been approved for Psychologists, LCSWs, LMFTs, LPCCs and AOD Counselors and 1.5 Continuing Medical Education credits for physicians. The Orange County Health Care Agency is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this training program and its contents. The Orange County Health Care Agency is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider # 62340). This course meets the qualifications for 1.5 hours of continuing education credit

for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Provider approved by the California Board of Registered Nursing, Provider # CEP 15019, for 1.5 contact hours.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the California Medical Association (CMA) through the joint providership of Orange County Health Care Agency and the Extraordinary Lives Foundation. The Orange County Health Care Agency is accredited by the CMA to provide continuing medical education for physicians. The Orange County Health Care Agency designates this live activity for a maximum of *1.5 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Accommodations: If you need a disability-related reasonable accommodation/alternative format for this training event, please contact info@elfempowers.org beforehand. For grievance concerning the Orange County Health Care Agency's Continuing Education Program, please write to the Workforce Education & Training Program at 600 W. Santa Ana Blvd., Suite 510, Santa Ana, CA 92701 or call (714) 667-5600.

Course completion (CE) certificates will be provided immediately at the end of the training in exchange for a completed evaluation.



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